



ILLINOIS HOLOCAUST MUSEUM  
& EDUCATION CENTER

## Upstander Activity

How did the Upstanders help them survive? What actions did they take?

Answers will vary, depending on the students' chosen Survivors.

What motivates an Upstander to take action?

Answers may include: the desire to do the right thing, wanting to help a fellow human being, or religious instruction to help someone in need.

What are the challenges of being an Upstander?

Answers may include: Peer pressure; identifying who needs help and how to help; overcoming fear and acting anyway; taking risks (see next question)

What did they risk to be an Upstander?

Answers may include: Personal safety, safety of family members, livelihood/job, judgment from neighbors, social alienation.