Collaborative Upstander Oath: Available Pledges

Raise awareness about a cause important to me

Contact my senator or representative to make a change

Make friends outside of my circle

Lead by being a good example

Use social media for social good

Be responsible

Start a petition to right a wrong

Stand up against injustice

Be joyful and spread the joy

Respect others and myself

Say “thank you!”

Get involved

Include everyone

Sit next to the new kid at lunch

Encourage others to be Upstanders

Be nice to others through my kind words and actions

Protect the rights and freedoms of other people

Make the world a better place